

# GLUTEN FREE MENU

PLEASE NOTE: while we do our best to reduce the risk of cross-contamination in our kitchen, our dishes are prepared in areas where allergenic ingredients are present, we CANNOT guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect. Guests with severe allergies are advised to assess their own level of risk and consume dishes at their own risk. We can not cater for people with severe allergies to nuts, as we use sprinkled peanuts in our dishes.



MANCHESTER

Please make sure you **mention to your server** when ordering that you are choosing from the **gluten free** menu as these dishes are similar to the ones on the normal menu.

## STARTERS

- G4. Chicken Satay with Peanut Dip.** (N) £2.50
- GT1. SOM TUM** - extremely spicy papaya salad with mashed salty crabs and stinky fish or peanut and dried shrimps. Sorry no Returns. (N)(F)(M) £7.50
- GT2. YUM WOON SEN** - spicy glass noodle salad with prawn, squid, fish ball, red onions, peanuts, chilli and lime dressing. Sorry no Returns. (N)(F)(M) £8.50
- GS6. TOM YUM GOONG (cup)** - prawns and mushrooms in spicy lemongrass soup. (F) £4.00

## MAIN COURSE

	(Take away)	(Dine In)
Tofu	£7.00	£7.50
Prawn	£8.00	£8.50




CHOOSE ANY PRAWN OR TOFU FOR NUMBERS (13 to 24)

- G13. Pad Thai** - rice noodle, egg, carrots, beansprouts, spring onion and sprinkle of crushed peanuts. (N)(M)(E)
- G19. Tom Kha** - skinny rice noodles with spring cabbage in coconut lemongrass soup topped with coriander and spring onion. (N)
- G20. Tom Yum** - skinny rice noodles with spring cabbage and carrot in spicy lemongrass soup topped with coriander and spring onion. (N)
- G22. Green Curry** - carrot, courgette, chilli, bamboo and sweet basil leaves. (N)(M)
- G23. Red Curry** - carrot, courgette, chilli, bamboo and sweet basil leaves. (N)(M)
- G24. Yellow Curry** - potatoes, carrots and onion. (N)(M)

## DRINKS

Gluten Free Beer £4.00

[www.mythairestaurant.co.uk](http://www.mythairestaurant.co.uk)

FOLLOW US ON   



Please enjoy your meal.

MAY CONTAIN THE FOLLOWING: (N) = Nuts & Peanuts, (F) = Fish, (M) = Molluscs, (G) = Gluten, (E) = Egg.  
If you have ALLERGIES please advise us and we will try and adapt our menu.



# VEGAN MENU

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MANCHESTER

Please make sure you **mention to your server** when ordering that you are choosing from the **vegan menu** as these dishes are similar to the ones on the normal menu.

## STARTERS

- V8. Corn Cakes with Sweet Chilli Sauce.** £3.00
- V10. Vegetable Tempura with Sweet Chilli Sauce.** £2.50
- V11. Fried Tofu with Sweet Chilli Sauce and Crushed Peanut.** £2.00

## MAIN COURSE All dishes come with tofu

- V11. TUK TUK Fried Rice - onions, tomato, spring onions, garlic. (N)(M)(E)** £7.50
- V13. Pad Thai - rice noodle, carrots, beansprouts, spring onion and sprinkle of crushed peanuts. (N)(M)(E)** £7.50
- V14. Pad See Ew - flat noodles, carrots, spring cabbage and topped with spring onion. (N)(M)(E)** £7.50
- V23. Red Curry - carrot, courgette, chilli, bamboo and sweet basil leaves. (N)(G)(M)** £7.50
- V25. Pad Gra Pow - stir fried with onion, carrot, bamboo, chilli, garlic and holy basil. (N)(G)(M)** £7.50
- V26. Sweet and Sour - stir fried with cucumber, onion, tomatoes, peppers and pineapple. (N)(G)(M)** £7.50
- V30. Pad Cashew Nut- stir fried with cashew nut, mushroom, onion, carrot, pineapple and oyster garlic sauce. (N)(M)** £7.50
- V31. Pad Khing - stir fried with fresh ginger, mushrooms, onion, carrot and spring onion. (N)(M)** £7.50
- V32. Pad Ped - stir fried with red curry paste, coconut milk, bamboo, green beans, chilli and sweet basil. (N)(M)** £7.50
- V35. Pad Pak Boong Tofu - stir fried morning glory and tofu with chilli and bean sauce. (N)(M)** £8.50
- V36. Pad Pak Kana Tofu - stir fried Chinese broccoli and tofu with chilli and bean sauce. (N)(M)** £8.50

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